

# JOSEPH A. ACHACOSO, Ph.D., LPC-S

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## EDUCATION

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2000-2002	<b>LPC</b>	<i>Counseling: LPC track</i>	Texas State University at San Marcos
1990-1998	<b>Ph. D.</b>	<i>Educational Psychology</i> <u>Concentration:</u> Developmental Psychology	The University of Texas at Austin
1990-1994	<b>M.A.</b>	<i>Educational Psychology</i> <u>Concentration:</u> Developmental Psychology	The University of Texas at Austin
1982-1986	<b>B.S.</b>	<i>Microbiology: Pre-med track</i>	Louisiana State Univ. at Baton Rouge

## TEACHING EXPERIENCE

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2001-2005	<b>Assistant Professor:</b> <i>Child and Adolescent Counseling Methods; Theories of Counseling and Personality; Career Counseling; Community-Based Counseling; Counseling Theories, Practicum: Advanced Methods in Play Therapy; Research Seminar</i> Department of Educational Administration & Psychological Services, Texas State University at San Marcos, Texas
1994-2004	<b>Music Teacher,</b> Piano, violin, and guitar performance and music theory Jocoso Music, Austin, Texas
1993-1995	<b>Teaching Assistant,</b> <i>Personal and Family Finance</i> Department of Human Ecology, The University of Texas at Austin
1992-1993	<b>Parent/Youth Teacher,</b> <i>New Beginnings Program</i> Shoal Creek Hospital, Austin, Texas
1992-1994	<b>Tutor,</b> Psychology, Mathematics, Biology, Chemistry, and Statistics Learning Skills Center, The University of Texas at Austin

## COUNSELING EXPERIENCE

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2002-present	<b>Licensed Professional Counselor, Supervisor, Play Therapist, and Parent Coach:</b> individual/family therapy for children, adolescents, and adults; parenting classes and training. The Austin Center for Life Enrichment in Austin, Texas and The Central Texas Play Therapy Center in Pflugerville, Texas.
1999 – 2000	<b>Counselor:</b> individual/group therapy for sex offenders Shelley Graham, Therapist, Austin, Texas
1992 - 1993	<b>Counselor:</b> led conflict-resolution groups of adolescents & parents Shoal Creek Hospital: <i>New Beginnings Program</i> , Austin, Texas
1991	<b>Counselor:</b> organized, planned, and co-directed a program for single parents Communities in Schools, Austin, Texas







## **PROFESSIONAL HISTORY (cont.)**

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Aug 92 - May 93    *Research Assistant*                      **The University of Texas**                      Austin, Texas  
Partners and Parents Project

Responsibilities include:

- Conducting home visits and interviews of parents-to-be in order to study the dynamics involved in the transition to parenthood.
- Recording and analyzing the field data collected during the home visits, using SAS and SPSS programs.

Jan 92 - May 93    *Certified Tutor*                                      **The University of Texas**                      Austin, Texas  
Learning Skills Center

Responsibilities include:

- Tutoring undergraduates in the areas of psychology, statistics, biology, chemistry, and mathematics.
- Advising undergraduates on learning strategies, study skills, and applying to graduate school.

July 91 - Dec 91    *Counselor/Grant writer*                      **Communities in Schools**                      Austin, Texas

Responsibilities include:

- Organizing, planning, and co-directing a program for single parents of at-risk children.
- Writing and editing a Nabisco grant proposal for *Project LEAP* (Learning is Exciting with Active Parents).

Oct 87 - July 90    *Research Associate*    **Louisiana State University Medical Center**    Shreveport, Louisiana

Responsibilities include:

- Creating and implementing experimental and genetic engineering studies in retrovirology and molecular biology.
- Maintaining and ordering inventory of laboratory supplies.

## **PUBLICATIONS**

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Harrist, A.W., & Achacoso, J.A. (2013). *Reciprocal and complimentary sibling interactions: Relations with socialization outcomes in kindergarten*, Early Education and Development: Special Issue – Sibling Relationship as a Context for Learning and Development.

Greninger, S.A., Hampton, V.L., Kitt, K.A., & Achacoso, J.A. (1997). Perceived *usefulness of credit and insolvency measures among financial planners and educators*, Certified Financial Planner Board of Standards.

Greninger, S.A., Hampton, V.L., Kitt, K.A., & Achacoso, J.A. (1996). *Ratios and benchmarks for measuring the financial well-being of families and individuals*. Financial Services Review.

Wills, J.W., Craven, R.C., & Achacoso, J.A. (1989). *Creation and expression of myristylated forms of Rous sarcoma virus gag protein in mammalian cells*. Journal of Virology, 63 (10), 4331-4343.

## **PROFESSIONAL PRESENTATIONS**

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- Achacoso, J.A. (2018). *Play therapy based on adventure: How to promote cordiality and communication in families*. Presented at the 10th International Conference on Play Therapy. Cholula, Puebla, Mexico. May.
- Achacoso, J.A. (2018). *Play Therapy: A door through the child's world*. Presented at the 10th International Conference on Play Therapy. Cholula, Puebla, Mexico. May.
- Achacoso, J.A. (2018). *Play Therapy for Therapists: How to avoid compassion fatigue through play*. Presented at the 10th International Conference on Play Therapy. Cholula, Puebla, Mexico. May.
- Achacoso, J.A. (2018). *Adventure-Based Play Therapy: Improving the Interpersonal Communication and Relationships of Children and their Families*. Presented at the 3<sup>rd</sup> Annual International Conference hosted by Egeiro Instituto de Terapia Familiar. Tampico, Tamaulipas, Mexico. April.
- Achacoso, J.A. (2017). *Play Therapy for Therapists: How to avoid compassion fatigue through play*. Presented at the CEFAP Conference on Play Therapy. Guadalajara, Jalisco, Mexico. May.
- Achacoso, J.A. (2016). The Importance of *Play Therapy for Children and Families*. Presented at the Careers & Vocation in Psychology class. Concordia University. Austin, Texas. October.
- Achacoso, J.A. (2016). *Play Therapy for Therapists: How to avoid compassion fatigue through play*. Presented at the CEFAP Conference on Play Therapy. Cholula, Puebla, Mexico. February.
- Achacoso, J.A. (2016). The Importance of *Play Therapy for Children and Families*. Presented at the Careers & Vocation in Psychology class. Concordia University. Austin, Texas. February.
- Achacoso, J.A. (2015). *Adventure-Based Play Therapy: Getting Leaders Out of the Rut and Learning How to Work Together*. Presented at St. Stephen's Missionary Baptist Church Leader's Retreat. Austin, Texas. April.
- Achacoso, J.A. (2014). *Adventure-Based Play Therapy: Improving the Interpersonal Communication and Relationships of Children and their Families*. Presented at Coastal Bend Chapter of The Texas Association for Play Therapy Annual Fall Retreat. Corpus Christi, Texas. September.
- Achacoso, J.A. (2014). *Play Therapy Interventions for Professionals with Compassion Fatigue*. Presented at Coastal Bend Chapter of The Texas Association for Play Therapy Annual Fall Retreat. Corpus Christi, Texas. September.
- Achacoso, J.A. & Zentner, K. (2014). *Child's Play: From Peek-a-boo to Killing Monsters. It's More than Just Fun!* Presented at Family Matters program run by Austin IN Connection. Austin, Texas. January.
- Achacoso, J.A. (2014). *Play Therapy Interventions for Professionals with Compassion Fatigue*. Presented at Hill Country Chapter of The Texas Association for Play Therapy Annual Winter Retreat. Wimberley, Texas. January.
- Achacoso, J.A. (2013). *Play therapy based on adventure: How to promote cordiality and communication in families*. Presented at the 1st International Symposium on Play Therapy: Building roads to grow creativity, education and the arts. Chihuahua, Chihuahua, Mexico. November.

## **PROFESSIONAL PRESENTATIONS (cont.)**

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Achacoso, J.A. (2013). *Play Therapy: A door through the child's world*. Presented at the 1st International Symposium on Play Therapy: Building roads to grow creativity, education and the arts. Chihuahua, Chihuahua, Mexico. November.

Achacoso, J.A. (2013). *Play Therapy for Therapists: How to avoid compassion fatigue through play*. Presented at the 1st International Symposium on Play Therapy: Building roads to grow creativity, education and the arts. Chihuahua, Chihuahua, Mexico. November.

Achacoso, J.A. (2013). *Play therapy based on adventure: How to promote cordiality and communication in families*. Presented at the 5th International Conference on Play Therapy: Building roads to grow creativity, education and the arts. Cholula, Puebla, Mexico. May.

Achacoso, J.A. (2013). *Play Therapy: A door through the child's world*. Presented at the 5th International Conference on Play Therapy: Building roads to grow creativity, education and the arts. Cholula, Puebla, Mexico. May.

Achacoso, J.A. (2013). *Play Therapy for Therapists: How to avoid compassion fatigue through play*. Presented at the 5th International Conference on Play Therapy: Building roads to grow creativity, education and the arts. Cholula, Puebla, Mexico. May.

Achacoso, J.A. (2012). *Play therapy based on adventure: How to promote cordiality and communication in families*. Presented at the 4th International Conference on Play Therapy - Playing, Growing and Living: Crossing Boundaries. Cholula, Puebla, Mexico. May.

Achacoso, J.A. (2012). *Play Therapy: A door through the child's world*. Presented at the 4th International Conference on Play Therapy - Playing, Growing and Living: Crossing Boundaries. Cholula, Puebla, Mexico. May.

Achacoso, J.A. (2012). *Play Therapy for Therapists: How to avoid compassion fatigue through play*. Presented at the 4th International Conference on Play Therapy - Playing, Growing and Living: Crossing Boundaries. Cholula, Puebla, Mexico. May.

Achacoso, J.A. (2011). *Play therapy based on adventure: How to promote cordiality and communication in families*. Presented at the 4th International Conference on Play Therapy: Playing, Growing and Living: Crossing Boundaries. Cholula, Puebla, Mexico. October.

Achacoso, J.A. (2011). *Play Therapy: A door through the child's world*. Presented at the 4th International Conference on Play Therapy, Playing, Growing and Living: Crossing Boundaries. Cholula, Puebla, Mexico. October.

Achacoso, J.A. (2011). *Play Therapy for Therapists: How to avoid compassion fatigue through play*. Presented at the 4th International Conference on Play Therapy, Playing, Growing and Living: Crossing Boundaries. Cholula, Puebla, Mexico. October.

Achacoso, J.A. (2011). *Adventure-Based Play Therapy: Understanding the Family System in Real Time*. Presented at Hill Country Chapter of The Texas Association for Play Therapy Annual Winter Retreat. Wimberley, Texas. January.

## **PROFESSIONAL PRESENTATIONS (cont.)**

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Achacoso, J.A. (2010). *Adventure-Based Play Therapy: Promoting Congeniality and Communication in Families and Siblings*. Presented at the Membership Event of the Coastal Bend Chapter of The Texas Association for Play Therapy Corpus Christi, Texas. March.

Achacoso, J.A. (2009). *Dilemmas Play Therapist Face: What to Do When . . .*. Presented at The Hill Country Chapter of The Texas Association for Play Therapy. Austin, Texas. August.

Achacoso, J.A. & Moncrief, D. (2009). *Play Therapy: A Bridge to the Child's World*. Presented at The Net Connection's Monthly Professional Workshop. Round Rock, Texas. February.

Achacoso, J.A. (2008). *Adventure-Based Play Therapy: Taking Family Therapy Outdoors*. Presented at The Hill Country Chapter of The Texas Association for Play Therapy. Austin, Texas. June.

Achacoso, J.A. (2008). *Play Therapy Peer Consultation Group: Issues in Private Practice*. Presented at The Texas Association for Play Therapy 15<sup>th</sup> Annual Conference. Dallas, Texas. April.

Achacoso, J.A. (2008). *Child-Centered Play Therapy*. Presented at Communities-in-Schools Professional Training. Austin, Texas. January.

Achacoso, J.A. (2007). *Play Therapy for the Counseling Professional: Ways to Laugh, Enjoy, and Live!*. Presented at The Austin Child Guidance Center. Austin, Texas. June.

Achacoso, J.A. (2007). *Play Therapy for Therapists: How to Avoid Burnout by Playing*. Presented at The Austin Child Guidance Center. Austin, Texas. April.

Achacoso, J.A. (2007). *Sibling Rivalry: How to Deal with the Unavoidable*. Presented at The University of Texas Child Development Center. Austin, Texas. March.

Achacoso, J.A. (2006). *How to deal with #1 when #2 arrives: Learning how to enjoy your growing family*. Presented at The University of Texas Child Development Center. Austin, Texas. October.

Achacoso, J.A. (2006). *Play Therapy for the Play Therapist: How to Avoid Burnout by Playing*. Presented at the Hill Country Chapter of The Texas Association for Play Therapy. Austin, Texas. October.

Achacoso, J.A. (2006). *"Tired of hearing 'NO!' and saying 'NO!'?" Positive ways to deal with your willful child*. Presented at The University of Texas Child Development Center. Austin, Texas. April.

Achacoso, J.A. (2005). *How to deal with #1 when #2 arrives: Learning how to enjoy your growing family*. Presented at the Babies R Us Monthly Professional Seminar Series. Austin, Texas. October.

Achacoso, J.A. (2005). *The Fine Arts of Play Therapy: Playing to the Beat of a Different Drum*. Presented at the 3<sup>rd</sup> Annual Summer Mini-Conference for The Coastal Bend Chapter of The Texas Association for Play Therapy. Austin, Texas. June.

Achacoso, J.A. (2005). *How to deal with #1 when #2 arrives: Learning how to enjoy your growing family*. Presented at the Babies R Us Monthly Professional Seminar Series. Austin, Texas. May.

Achacoso, J.A. (2005). *Tired of Hearing "No!" and saying "No!"? Positive Ways to Deal with Your Stubborn Child*. Presented at the Babies R Us Monthly Professional Seminar Series. Austin, Texas. January.

## **PROFESSIONAL PRESENTATIONS (cont.)**

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Achacoso, J.A. (2005). *Playing to the Beat of a Different Drum: The Role of Music Therapy in Counseling*. Presented at the Hill Country Chapter of The Texas Association for Play Therapy Winter Retreat. Austin, Texas. January.

Achacoso, J.A. (2004). *Tired of Hearing “No!” and saying “No!”? Positive Ways to Deal with Your Stubborn Child*. Presented at the Babies R Us Monthly Professional Seminar Series. Austin, Texas. October.

Achacoso, J.A. (2004). *Tired of Hearing “No!” and saying “No!”? Positive Ways to Deal with Your Stubborn Child*. Presented at the Babies R Us Monthly Professional Seminar Series. Austin, Texas. September.

Achacoso, J.A. (2004). *Self-injury Among Adolescents: Research-based Treatment Practices* Presented at the Austin Independent School District Monthly Meeting of School Counselors. Austin, Texas. April.

Achacoso, J.A. (2004). *Playing to the Beat of a Different Drum: The Role of Music Therapy in Counseling*. Presented at the Hill Country Chapter of The Texas Association for Play Therapy. Austin, Texas. February.

Achacoso, J.A. (2003). *What is Play Therapy?* Presented at the Round Rock Independent School District Monthly Meeting of School Counselors. Round Rock, Texas. March.

Greninger, S.A., Hampton, V.L., Kitt, K.A., & Achacoso, J.A. (1995). *Educators’ and Practitioners’ Advice Regarding Setting Goals, Savings Programs, and Financial Reviews*. Paper presented at the Annual Conference of the Association for Financial Counseling and Planning Education. New Orleans, Louisiana. November.

Achacoso, J.A. & Harrist, A.K. (1995). *Complementary and Reciprocal Sibling Interactions: Differential Predictors of Peer Relations in Single- and Two-Parent Families*. Poster presented at the Society for Research in Child Development Biennial Meeting. Indianapolis, Indiana. March.

Achacoso, J.A. & Harrist, A.K. (1994). *Complementarity and Reciprocity in Sibling Interactions: Variations in Age, Sex, and Child Social Competence*. Poster presented at the Southwestern Society for Research in Human Development Biennial Meeting. Austin, Texas. February.

Achacoso, J.A. & Rodriguez, C.R. (1993). *Continuity in Early Childhood: Elements and Indicators of Home, School, and Community Linkages*, National Association for the Education of Young Children Annual Conference. Anaheim, California.

Achacoso, J.A. (1992, 1993). Youth/Parent Teacher, *The New Beginnings Program*, Shoal Creek Hospital. Austin, Texas.

Achacoso, J.A. (1991). Youth/Parent Counselor, *Project LEAP*, Communities in Schools site at Molly Dawson Elementary School. Austin, Texas, July.

Achacoso, J.A. (1989). *The Matching Hypothesis at Work in the Mall*. Paper presented at Louisiana Academy of Sciences Annual Meeting. Alexandria, Louisiana, February.

Wills, J.W., Craven, R.C., & Achacoso, J.A. (1988). *Creation and expression of myristylated forms of Rous sarcoma virus gag protein in mammalian cells*. Paper presented at the Cold Spring Harbor Annual International Conference of Retrovirology. Long Island, New York, June.

## PROFESSIONAL AFFILIATIONS

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- ◆ Hill Country Chapter of The Texas Association for Play Therapy
- ◆ Association for Play Therapy
- ◆ Texas Association for Play Therapy